12-7-2025 Sunday Sermon Message Meditation of the Week: Psalm 91:1-16

Text: Mark 8:36-37

Title: God created man as a living soul

When God created man in his own image and likeness, He made man a living soul:

"And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul." (Genesis 2:7)

However, when the first man sinned, his spirit lost his vitality and his body became sinful nature. From then on, the spirit of man lost communication with God; the spirit, and the soul in the body became attached to the body of sin and had no choice but to be controlled by the body of sin. King David confessed to God that his soul was attached to his body and asked God to revive his soul:

"My soul cleaveth unto the dust: quicken thou me according to thy word." (Psalm 119:25)

When his soul was revived, he confessed to the Lord God, his shepherd:

"He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake." (Psalm 23:3)

The soul of every person who is born into the world because of Adam's sin is born attached to the body of sin. Because of this, they do not know that their body is the soul and live believing that their body is themselves. As we sin in our lives, we gradually realize that we are sinners, and we realize through the word that our souls must be saved from the body of sin. King David realized this after committing adultery and murder:

"Behold, I was shapen in iniquity; and in sin did my mother conceive me." (Psalm 51:5)

The apostle Paul realized this truth and testified that in order for the soul to be saved from the body of sin, the soul must be freed from the body of sin by believing in the death, burial, and resurrection of the Lord Jesus Christ, and that through the circumcision of Christ, the soul will be put off the body of sin and saved:

"In whom also ye are circumcised with the circumcision made without hands, in putting off the body of the sins of the flesh by the circumcision of Christ:"(Colossians 2:11)

The apostle Peter also testified that salvation is the salvation of souls for those who believe in the gospel of Christ and are saved:

- "Whom having not seen, ye love; in whom, though now ye see him not, yet believing, ye rejoice with joy unspeakable and full of glory:
- ⁹ Receiving the end of your faith, even the salvation of your souls."(1 Peter 1:8-9)

King David testified about the torment of his soul:

- "Save me, O God; for the waters are come in unto my soul.
- ² I sink in deep mire, where there is no standing: I am come into deep waters, where the floods overflow me.
- ³I am weary of my crying: my throat is dried: mine eyes fail while I wait for my God."(Psalm 69:1-3)

David foreprophesied through his mouth the pain of the soul that Jesus Christ, who would appear to the world in the future, in the Holy Spirit. When Jesus prayed in the Garden of Gethsemane, He spoke of the pain of his soul:

"Then saith he unto them, My soul is exceeding sorrowful, even unto death: tarry ye here, and watch with me.The Lord said to them," (Matthew 26:38, Mark 14:34)

Jesus saved us from not only our sins but also from the pain of our souls by taking on the suffering of our souls because of our sins before we were saved.

While we, whose souls have been saved through the gospel, live in a sinful world, not only our bodies but also the souls that dwell in us sometimes suffer discouragement and suffering. King David testified about when his soul was discouraged:

"Why art thou cast down, O my soul? and why art thou disquieted in me? hope thou in God: for I shall yet praise him for the help of his countenance.

⁶ O my God, my soul is cast down within me: therefore will I remember thee from the land of Jordan, and of the Hermonites, from the hill Mizar."(Psalm 42:5-6)

He said to his soul, hoping for God:

"Bless the Lord, O my soul: and all that is within me, bless his holy name.

² Bless the Lord, O my soul, and forget not all his benefits:..... Bless the Lord, O my soul. O Lord my God, thou art very great; thou art clothed with honour and majesty.... Let the sinners be consumed out of the earth, and let the wicked be no more. Bless thou the Lord, O my soul. Praise ye the Lord." (Psalm 103:1,2; 104:1,35)

The apostle Paul, who preached only the gospel in the midst of suffering, confessed that

he rejoiced as he overcame all suffering for Christ's sake even in the midst of his soul's difficulties:

- "And lest I should be exalted above measure through the abundance of the revelations, there was given to me a thorn in the flesh, the messenger of Satan to buffet me, lest I should be exalted above measure.
- 8 For this thing I besought the Lord thrice, that it might depart from me.
- ⁹ And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.
- 10 Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong."(2 Corinthians 12:7-10)

By the purification of our conscience in us through the blood of Christ, our souls have been saved by receiving the Holy Spirit, and we have received a heavenly inheritance greater than the whole world:

"For if the blood of bulls and of goats, and the ashes of an heifer sprinkling the unclean, sanctifieth to the purifying of the flesh:

14 How much more shall the blood of Christ, who through the eternal Spirit offered himself without spot to God, purge your conscience from dead works to serve the living God?"((Hebrews 9:13-14)

Amen! Hallelujah!